

WELCOME TO POSITIVE PSYCHOLOGY!

NEWSLETTER #1 – September 2022



PLL4 - Cape Breton



Positive Posse Leadership Team



PLL5 - Madrid

Greetings to the Positive Psychology Special Interest Group of IAPLL (which Tammy has lovingly coined the Positive Posse)!

LEADERSHIP TEAM

Coordinator

Meagan Driver, Michigan State University

Vice-chair

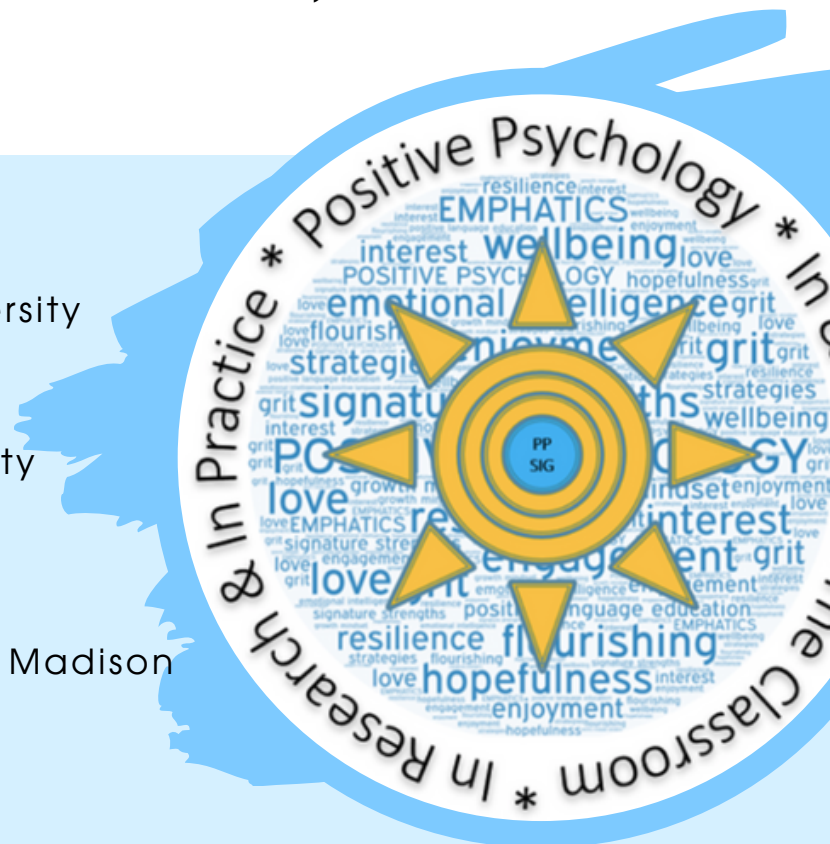
Tammy Gregersen, American University of Sharjah


Secretary

Julia Goetze, University of Wisconsin, Madison

PR & Events Manager

Dorota Záborská, Osaka University





Welcome, everyone, to the **Positive Psychology Special Interest Group** (SIG) for IAPLL! Thanks to a positive psychology turn, recent years have seen increased attention to positive emotions, which we see in recent publications by multiple IAPLL members (see *Publications* below!), the latest Special Issue on Grit in Second Language Learning and Teaching in the *Journal for the Psychology of Language Learning* (2021), and the PLL4 pre-conference event on Mobilizing Positive Psychology in SLA. We dedicate this SIG to the three central pillars of positive psychology as described by Seligman and Csikszentmihalyi (2000) – positive character traits, positive emotions, and positive institutions – to facilitate discussion, exploration, and interest in ideas pertaining to positive psychology and language learning and teaching from a global and multilingual perspective. We look forward to working together to push the research on positive psychology forward into un(der)-explored learning contexts, such as heritage and Indigenous language classrooms, multilingual contexts, and learning across the lifespan, and creating a sustainable and unique addition to IAPLL!


We saw our SIG kickoff with a special happy hour at PLL4, organized by Peter MacIntyre and his wonderful team, in beautiful Cape Breton, Canada. Many of us had the opportunity to connect at the Positive Psychology pre-conference, which was a smashing success, and we look forward to many more opportunities to interact before and

during PLL5, which will take place in Madrid, Spain and feature a special Positive Psychology strand! So get your light-up, glitter dancing shoes ready! :)

The last two years have put us all through chaos, stress, and, for many, heartbreak. Even through these challenges, we see little rays of sunlight in the accomplishments by our SIG members: new postdocs (Dumancic), successful dissertation defenses and new titles (Claro, Cameron, Driver, Dumancic, Goetze, Mansouri), conference papers, MANY publications (see following pages 3–7), conference papers and lab presentations, an innovative Iwanai English camp (Claro), research awards (Weerakoon), one new hip(!), and some new greenhouse skills! A BIG congratulations to all for these exciting achievements!!!

As we get our SIG up and running, we have a number of virtual events planned for this year, including a member **Meet-and-Greet (October 27, 9am EDT/3pm CET)** and a **research panel (November 17, 9am EST/3pm CET)** for this Fall that we are cooking up now. We are also planning a mentoring event for the Spring, and we hope many will sign up for a mentor-mentee connection! We are also happy to hear special requests or suggestions for SIG events! To join our SIG or share your ideas, please email our wonderful Secretary, Dr. Julia Goetze at julia.goetze@wisc.edu.

**Sending positive vibes to all,
Meagan, Tammy, Julia, and Dorota**





Positive Posse Publications

Take a look at all of the terrific work our members have published since 2020! A big congrats to all!

Ahn, S., & Chang, C. B. (2022). Emotion word development in bilingual children living in majority and minority contexts. *Applied Linguistics*, 1–23. DOI: 10.1093/applin/amab071

Babic, S., Mairitsch, A., Mercer, S., Sulis, G., Jin, J., King, J., Lanvers, U., & Shin, S. (2022). Late-career language teachers in Austria and the UK: Pathways to retirement. *Teaching and Teacher Education*, 113, 1–10. <https://doi.org/10.1016/j.tate.2022.103686>

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CONGRATULATIONS TO ALL!!!



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[PositivePsychology.com](https://www.positivepsychology.com)?

Check out their
blog for exercises
and tools!